

# KNOW JOY

**NO MATTER WHAT!**

WHEN IT COMES TO  
**THE BIBLE**  
START ANYWHERE  
YOU LIKE  
**JUST READ IT!**

**Need help getting started?**

Read one chapter of  
Matthew & Proverbs daily

## **READ IT**

Ask God to speak to you as  
you begin

## **WRITE IT**

Write down 1 thought God  
gives you while reading

## **DO IT**

Ask God to help you live that  
1 thought out today

# PRAYER

TALK TO GOD ABOUT  
ANYTHING AND  
EVERYTHING. THERE'S  
NO WRONG WAY  
TO PRAY!

Need Help Getting Started?

## 5 TOPICS

(found in The Lords Prayer  
Matthew 6:9-13)

**A FOLLOWER OF  
JESUS.....P.R.A.Y.S.**

### **P**RAISE

Thank and worship God

### **R**EPENT

Repent of sin

### **A**SK

Ask God for what you  
want/need

### **Y**OUR WILL

Ask God for HIS will to  
happen in your life

### **S**HOW ME

Show me where to go and  
where not to go in life