



We're Built for This | Shawn Johnson | 3.15.20

Weekly Study

START

To get things started, go around the circle and answer the following question:

**What is your go-to karaoke song?**

SHARE

We've all had a very interesting week. Before we go any further, take some time to check in with your Group and see how everyone is feeling about the Coronavirus by answering these questions:

**What are three words you would use to describe how you've felt this week regarding the Coronavirus? Why did you pick those words?**

**Have you found yourself worrying or being anxious about what is going to happen in the coming weeks?**

**Take some time to pray for everyone who has been impacted by the Coronavirus.**

- **Pray for healing for those who are sick.**
- **Pray for strength for their families.**

- **Pray for wisdom for the officials and leaders who are working to keep us safe.**

G R O W

**Read Matthew 7:24-29**

**Why do you think we picked this passage to be our theme for our Take-Home Faith series?**

**What do you think it means to build your house on the sand? What does it mean to build your house on the rock?**

**In the midst of everything going on, what is one practical way you can “build your house on the rock” this week?**

This week Shawn delivered a special message calling us to practice following Jesus during our 167 in the middle of this storm. Since January, we have been learning how to take our faith home with us, and now we have an opportunity to practice just that. God has been preparing us for this all year. We can do this!

At the end of the Sermon on the Mount, Jesus likens obeying His words to building your home on a solid foundation. In the illustration two homes are built and both houses experience storms, but only one is strong enough to withstand the wind. When we build our house on the rock it doesn't mean storms won't come. Instead, it means we will be ready to withstand the winds, because of the connection we have with God! Let's review the four ways Shawn has been encouraging us to build our house on a strong foundation.

**Prayer:** Prayer is powerful, and we all need it this week, so take the prayer time at the end of your Group seriously today.

**Word:** As Shawn challenged us in his message, find someone to read through the Word with this week. Remember, there is a Bible Reading plan on our App.

**Worship:** You don't need a church service to worship. You can sing in your car, in your house, or wherever you are. Worship is a weapon, so turn on your favorite song this week and worship.

**People:** No matter what happens, it's essential that we have people walking with us during this time. As the writer of Hebrews says, *"Let us not neglect meeting together, as some have made a habit, but let us encourage one another, and all the more as you see the Day approaching"* (Hebrews 10:25).

**Which of these four is your favorite way to connect with God? Which one is the most challenging for you?**

**Who are you going to read the Word with this week?**

M O V E

**Read Joshua 1:1-9**

**What pattern did you notice in this passage?**

Joshua 1 is the moment Moses passes away, and Joshua takes his place as the leader of the Israelites. There is a very noticeable pattern to this passage. In nine short verses God tells Joshua to be "strong and courageous" three times.

Joshua is facing a terrifying challenge. In his first few weeks of leadership, God is asking him to bring the people into the long-awaited promise land, but several trials are standing in the way.

So how can Joshua continue to be strong and courageous in the midst of such a challenging time? Verse 8 tells us, *“Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful”* (Joshua 1:8).

This week we have an opportunity to be a non-anxious presence in the lives of those we love. Meditating on Scripture day and night is the secret to living without fear! Let’s practice that this week by completing this Take-Home Assignment.

### **Take-Home Assignment: Take-Two**

**Every minute of the day is important, but there is something special about the first two minutes when you wake up and the final two minutes before you fall asleep. This week put aside those minutes (and two more in the afternoon) to meditate on Scripture.**

#### **Morning**

**Take two minutes to meditate on this passage when you wake up and prepare to be a peaceful presence for those in your life.**

#### **Joshua 1:9**

*Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.”*

#### **Afternoon**

**Take two minutes to meditate on this passage at some point when you feel yourself getting overwhelmed.**

#### **2 Timothy 1:7**

*For God has not given us a spirit of fear, but of power and of love and of a sound mind.*

## **Before Bed**

**Take two minutes to meditate on this passage right before you go to bed.**

### **Philippians 4:6-7**

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

### P R A Y

As a group, spend some time praying for the things you wrote down above! If you are in a coed group, consider breaking up into men and women's groups to share more freely.

### T O G O

*Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.*

Joshua 1:8