



Confidence In The Chaos | Shawn Johnson | 3.29.20

Weekly Study

START

To get things started, go around the circle and answer the following question:

What was the worst haircut you ever had?

SHARE

Welcome to Group! You may not be in the same room, but how amazing is it that we can still meet together through technology? We are all experiencing something new, so before we go any further, take some time to check in with your Group and see how everyone is feeling about the Coronavirus by answering these questions:

What has been the hardest part of social distancing for you?

What was the most challenging part of this week for you?

What is one positive thing that has come out of this experience for you or your family?

What are three words you would use to describe how you've felt this week? Why did you pick those words?

Take some time to pray for our world.

- **Pray for healing for those who are sick.**
- **Pray for provision for those who have lost work.**
- **Pray for wisdom for the officials and leaders who are working to keep us safe.**

G R O W

This week Shawn talked about having confidence in the middle of the chaos.

Do you feel confident and courageous right now? Why or why not?

Read Psalm 119:105-112

Psalm 119 is the longest chapter in the Bible! Although these words are thousands of years old, we need them now more than ever. It is a compilation of several songs that are all summed up really well by Nun's words, "Your word is a lamp for my feet, a light on my path" (Psalm 119:105).

Have you felt in the dark this week? Like you don't know your next step?

Fortunately, Scripture is there for us in the darkness. The Bible is a lamp that illuminates our path in the middle of the craziness. Right now, we are all juggling a lot of decisions. Whether you are trying to navigate financial situations, career decisions, or family problems, Scripture is there to guide us on the journey.

As Shawn reminded us this week, we are safer than we think, we just need some light. We'll practice letting Scripture illuminate our path in the next section, but before we get there, take a moment to check in with your Group by answering these questions:

Have you ever experienced Scripture act as a lamp to guide your next step? If so, tell the Group about it.

Do you ever find it hard to believe that Scripture will light your path?

M O V E

Read Matthew 6:25-34

What is your initial reaction to this passage?

Which verse stuck out to you the most? Why?

This passage is so needed this week. In fact, reading it is one of the best ways you could use your time as a group. So, take another few minutes to read it together again.

Read Matthew 6:25-34

Jesus is giving us a profound invitation to trade our worry in for peace. The world is on edge right now. But if we let passages like this light our path, we can be calm right in the middle of the craziness.

Meditating on Matthew 6:25-34 is just one example of how Scripture acts as a lamp to give us courage in the middle of a crisis! We all need this these days, so pick a lamp this week. Find one verse that will help you navigate this crisis. Let's do that together as this week's take-home assignment.

Take Home Assignment: Pick Your Lamp

What do you need to be reminded of this week? Below you will find several options. Pick the one that is most relevant to your week and commit the verse to memory. Carry it around with you wherever you go! Once you pick a verse talk to your Group about which one you decided to go with.

You are LOVED

Romans 5:8

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

You are VALUED

Matthew 6:26

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

You are ACCEPTED

Romans 8:1

Therefore, there is now no condemnation for those who are in Christ Jesus

You are CHOSEN

Ephesians 1:4

For he chose us in him before the creation of the world to be holy and blameless in his sight.

You are CALLED

2 Timothy 1:9

He has saved us and called us to a holy life—not because of anything we have done but because of his own purpose and grace.

You are SAFE

Psalm 121:7

The Lord will keep you from all harm—he will watch over your life.

You are PROTECTED

2 Thessalonians 3:3

But the Lord is faithful, and he will strengthen you and protect you from the evil one.

GOD IS WITH YOU

Joshua 1:9

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

God Will STRENGTHEN YOU

Philippians 4:13

I can do all things through him who strengthens me.

God Will GUIDE YOU

Psalm 119:105

Your word is a lamp for my feet, a light on my path.

God Will EMPOWER YOU

Romans 8:31

What, then, shall we say in response to these things? If God is for us, who can be against us?

You Are MORE THAN A CONQUEROR

Romans 8:37

No, in all these things we are more than conquerors through him who loved us.

NO WEAPON FORMED AGAINST YOU SHALL PROSPER

Isaiah 54:17

No weapon formed against you shall prosper

YOU WILL BE VICTORIOUS

Deuteronomy 20:4

For the LORD your God is the one who goes with you to fight for you against your enemies to give you victory.

P R A Y

We need prayer now more than ever. Spend some time sharing prayer requests. If you are in a coed group, consider breaking off into two separate calls to share more freely.

T O G O

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- **Romans 8:31**