



Coronavirus Resources

DEVOTIONALS

- Jesus Calling: Enjoying Peace in His Presence - Sarah Young
- Who I Am In Christ - Neil T. Anderson
- Trusting God Day by Day: 365 Daily Devotions - Joyce Meyer
- Draw the Circle: The 40 Day Prayer Challenge - Mark Batterson
- The One Year Uncommon Life Daily Challenge - Tony Dungy & Nathan Whitaker
- Not a Fan Daily Devotional: 75 Days to Becoming a Completely Committed Follower of Jesus - Kyle Idleman
- Jesus Speaks: 365 Days of Guidance and Encouragement, Straight from the Words of Christ - Steven K. Scott & Gary Smalley

BOOKS

Relationships

- The Relational Soul - Richard Plass
- Scary Close - Donald Miller
- Becoming Us (How the Gospel & the Enneagram can work together to help your marriage grow) - Beth & Jeff McCord
- Swipe Right by Levi Lusko

Marriage

- The Marriage Book - Nicky and Sila Lee
- The Meaning of Marriage - Tim Keller
- Boundaries in Marriage - Dr. Henry Cloud and Dr. John Townsend
- Sacred Marriage - Gary Thomas
- Love and Respect - Emerson Eggerichs

Prayer

- The Circle Maker - Mark Batterson
- Prayer - Richard Foster
- Hearing God - Nathan Finocchio

Grow Spiritually

- The Ruthless Elimination of Hurry - John Mark Comer
- Garden City - John Mark Comer
- Life Without Lack - Dallas Willard

- Emotionally Healthy Spirituality - Peter Scazzero
- Goliath Must Fall - Louie Giglio
- Beautiful Outlaw - John Eldredge

Leadership

- Spiritual Leadership - J. Oswald Sanders
- A Tale of Three Kings - Gene Edwards
- How to Lead When You're Not in Charge - Clay Scroggins

Simple Theology

- The Pursuit of God - A.W. Tozer
- How God Became King - NT Wright
- Surprised by Hope - NT Wright
- Who I am in Christ - Neil T. Anderson

Money

- Financial Peace - Dave Ramsey
- The Treasure Principle - Randy Alcorn

Mental Health

- My Name is Hope - John Mark Comer
- I Declare War - Levi Lusko

Parenting

- Becoming Mom Strong - Heidi St. John

PODCASTS

- [Bridgetown Daily](#) - "A daily meditation on scripture, a quote, or the life of a saint to ground you in God and his peace."
- [This Cultural Moment](#) - "A podcast about following Jesus in the Post-Christian world."
- [Bible Project Podcast](#) - "The creators of BibleProject have in-depth conversations about the Bible and theology."
- [Theology in the Raw](#) - "In quick and dirty 20-25 minute episodes, Preston takes a fresh look at what the Bible really says, as he challenges opinions and traditions--yes, even his own."
- [Q Podcast](#) - "Q educates and equips Christians to engage our cultural moment. Our method of learning is simple: exposure, conversation and collaboration."

- [That Sounds fun](#) - Interviews with Christian Authors, leaders and influencers. Focusing on what is happening in our culture and making life fun as believers.

Marriage

- [Focus on the Family: Focus on Marriage](#) - The Focus Marriage Podcast features relatable advice on healthy marriage with stories from guest speakers that challenge and encourage every couple to build a deeper connection.
- [Fierce Marriage](#) - Discussing all things marriage: Sex, Communication, Finances, Priorities, Purpose, and everything in between.
- [Love that Lasts](#) - Jeff and Alyssa are a married couple with two toddlers running around their home talking about faith, culture, and take listener's questions with a little dash of random sprinkled in.
- [Loving on Purpose](#) - "Sheri and I had 15 rough years of marriage before we finally gained the skills and tools to turn things around and build the connection and family we always hoped for. Our journey has strengthened us to be able to give hope, healing, and skills to any relationship that is hurting or thriving. Loving On Purpose is our vehicle for exporting these tools to people around the world."
- [#StayMarried](#) - I'm Michelle. My husband Tony and I work together on this #staymarried project; I do most of the writing and he does the designing. We're a team in all aspects of life and our greatest joy is to encourage other couples in the beautiful and daunting work of building a life together

A P P S

- [Churchome App](#) - "We have designed a faith practice for modern life. Take just five minutes of each day for a Guided Prayer experience. If you do this, we truly believe it will transform your life, day by day, minute by minute."
- [Read Scripture](#) - "We are curating a year-long Bible reading plan and supplementing the reading with amazingly creative videos (produced by our friends at the Bible Project) that explain every book of the Bible, major theological themes of the gospel, and tips on how to read the Bible."
- [Verses - Bible Memory](#) - "Memorize quickly and easily with simple memory games, then stay motivated by tracking your progress over time using Verses memory health tracking. Discover helps you find the right passages to memorize with topical passage lists written by pastors, teachers, and authors."

- [Logos Bible Study Tools](#) - “Read the Bible and make use of commentaries and reading plans. You can save any book or Bible you own for offline use. Get free resources when you download the app and sign in, and do better Bible study with exclusive Logos Bible study tools.”
- [She Reads Truth](#) - “She Reads Truth is an online community of women in the Word of God every day. Designed with this community in mind, the She Reads Truth Bible + Devotional app is a beautiful, functional, and accessible Bible-reading tool created to help women from around the world to connect with God's Word and each other, anytime and anywhere.”
- [He Reads Truth](#) - “The He Reads Truth app is a Bible-reading tool designed for men — to meet men where they are and encourage them to read God’s Word daily.”

GAMES/FUN

TV and Movies

- [Netflix Watch Party](#): “Netflix Party is a new way to watch Netflix with your friends online. Netflix Party synchronizes video playback and adds group chat to your favorite Netflix shows.”
- [Kast](#): Watch parties made easy. Share movies, TV shows, games, and whatever you want with 100+ people. This is a great option for those who want to watch a show or movie not currently on Netflix.

Kids / Family Fun Activities

- [Indoor Scavenger Hunt](#): A fun and safe activity for you and the kids! Check out the link for a ton of great ideas on Pinterest!
- Virtual Tours: Take a virtual tour to places such as the [Louvre in Paris](#), the [San Diego Zoo](#), the [Great Wall of China](#), and [Mars](#)!
- [Lunch Doodles with Mo Willems](#): “Learners worldwide can draw, doodle, and explore new ways of writing by visiting Mo’s studio virtually once a day for the next few weeks. Grab some paper and pencils, pens, or crayons and join Mo to explore ways of writing and making together.”
- [Adventures in Odyssey Club](#): “Adventures in Odyssey Club is a great way to invest in your child’s spiritual growth, and have fun while doing it. Each audio episode will come with a special video documentary and a set of activities, called Web Quests. These activities will take you behind the scenes of Adventures in Odyssey, provide crafts, teach you about new places and cultures, and much more.” Try it free for four weeks!
- Watch a Family Friendly TV Show! Some great kids shows to watch during quarantine are:
 - Brain Child (Netflix) - Science based learning
 - Dude Perfect (Hulu) - Silly Sports based Mayhem
 - Sid the Science Guy (Netflix) - Science cartoon

- Dr. Oakley Yukon Vet (Disney+/NatGeo) - Field Veterinary Science
- Magic Schoolbus Reloaded (Netflix)
- Backyard Games: Get outside and have some light hearted family fun with croquet, swing ball, volleyball, or Giant Jenga!

Online Games

- [Jackbox Games](#): A series of games for you and your friends to play on a variety of platforms! When used with a video chat platform like Zoom, Jackbox Games can be a great way to have a virtual game night! One member of your group can stream the game and everyone else can join the game through their smartphones and play along!
 - [Drawful 2](#): Drawful 2 is a standalone Jackbox game that challenges players to draw ridiculous prompts on their smartphones and tablets.
 - [Fibbage](#): “The lying, bluffing, fib-till-you-win trivia party game! Fool your friends with your lies, avoid theirs, and find the (usually outrageous) truth.”
- [Poki](#): Hundreds of online multiplayer games to play with your friends!
- [Game Pigeon](#): “Have fun with your friends and family by playing a collection of excellent multiplayer games via iMessage!”
- [Escape Team](#): “A digital-physical game in which you and your friends solve real-world puzzles with pen and paper while racing the countdown on your mobile device.”

Board Games

- The Classics (Monopoly, Risk, Scrabble, Checkers/Chess, Yahtzee)
- The Settlers of Catan
- Splendor
- Pandemic
- Villainous
- Mexican Train Dominoes

“At Home” Cuisine Nights

- Create Your Own Pizza Night
- Breakfast for Dinner
- Bar & Grill Night (Brats, Burgers, Wings, Fries, etc.)
- Taco Night
- “Under the Sea” Night (Crab, Lobster, shrimp, fish, etc.)

STAYING ACTIVE

- [Red Rocks Church Sports](#): Daily Workouts at 3:00 PM on Instagram!

- [Peloton Workouts](#): “Try the Peloton App at home, now free for 90 days! Your pass to thousands of live and on-demand classes—anywhere, anytime. Get what you need to meet your goals, with a mix of running, strength, toning, cycling, yoga, meditation and outdoor workouts.”
- [Beach Body](#): 14 days of free on-demand workouts!
- [Dailyburn](#): “Get fit. Have fun. Repeat. One membership, thousands of different workout videos so you can mix it up every day right from your own home. Try it free for 30 days!”
- [The Nike Run Club App](#): “Nike Run Club has the tools you need to run better, including GPS run tracking; audio-guided runs; weekly, monthly and custom distance challenges; customized coaching plans for your goals; and nonstop motivation from your friends. Reach your goals and have fun along the way with Nike Run Club.”
- [Class Pass](#): “Stream thousands of live or on-demand workouts from top studios around the world. Try everything from yoga to strength training to HIIT and more.”
- [CorePower Yoga](#): “This is when we all need yoga most. We're giving everyone free access to a new collection of online classes every week so you can keep your practice moving - wherever you are.”

STAYING CONNECTED

- [Online Groups](#): Feeling disconnected? Red Rocks Groups has online groups meeting on a weekly or biweekly basis! Get together with a group of peers through Zoom (an online video chat platform) to pray and do life together. Groups will typically go through the Weekly Study or a book of the Bible together.
- [Marco Polo](#): “Marco Polo functions as a video walkie-talkie, allowing you to easily send video clips between individuals or a group. You can also use text and video calls as you would on your phone to communicate.”
- [Zoom](#): Zoom is an online meeting platform similar to Skype or Google Hangouts, that allows you to video chat with up to 100 people at one time. Paid plans allow for more users and tools to stay connected in this season.
- [My Quiet Cave](#): “Whether you struggle with depression, anxiety, loneliness, or any other mental or emotional health challenge, My Quiet Cave is here to walk alongside you on the journey to hope and healing. My Quiet Cave’s support programs are designed to create community and bridge the gap between faith and mental health. Their groups are safe, confidential, and facilitated by trained counselors.”