



How To Steward Your Singleness | Andrew Matrone | 2.21.21
Weekly Study

S T A R T

To get things started, go around the circle and answer the following question:

If you could write a book, what genre would you write it in? Mystery? Thriller? Romance? Historical fiction? Non-fiction?

S H A R E

Welcome to Week Two of our new series, Let's Talk About Relationships! For the next several weeks, we will take a look at what Scripture has to say about our relationships with one another. This week, Andrew Matrone talked to us about singleness. But this talk wasn't just for single people; it was for everyone! Before we dive in, take some time to catch up with your Group by answering the following questions.

What was the most challenging part of your week?

What was the most encouraging or inspiring part of your church?

Rate your week on a scale of 1 to 10. Why did you choose that number?

Once again, we know a lot of you are just starting to meet together as a Group. So, if this is one of your first meetings, we want to give you another opportunity to hear each other's stories. Although this can be scary, it is one of the most fruitful things your Group can do. Pick two-three people from your Group this week and have them answer the following questions.

1. Tell me about your upbringing. What are a few of the significant life events that shaped and molded you?

2. Have you ever had a moment where you realized God is real and loves you? If so, tell us about it.
3. How have you changed in the last five years?
4. Describe yourself in five words and explain why you picked each one.
5. Who is God to you?

Every person has a unique journey they have been on that has led them to this point. Taking the time to share your story is a fantastic exercise for you and for everyone listening!

G R O W

Read Matthew 7:24-27

What do you think it means to build your house on the sand? What does it mean to build your house on the rock?

In terms of relationships, what is one practical way you can “build your house on the rock” this week?

Whether you are single, dating, or married, the passage you just read applies to you!

At the end of the Sermon on the Mount, Jesus likens obeying His words to building your home on a solid foundation. In the illustration, two homes are built, and both houses experience storms, but only one is strong enough to withstand the wind. When we build our house on the rock, it doesn't mean storms won't come. Instead, it means we will be ready to withstand the winds because of the connection we have with God!

Whether we are willing to admit it or not, we all look for validation in our relationships. We want other people to tell us we are worth it. We want other people to tell us we are enough. We want other people to let us know that we are not broken.

The problem is, no one will ever be able to validate you enough. That's a shaky foundation. Because when we don't get validation, we alter who we are to be what we think people want. We try to look a certain way, talk a certain way, or act a certain way.

God is the only one who can actually validate us. He is the one we have to go to in order to be reminded that we are loved, chosen, and redeemed children of God!

What is one way you tend to look for validation from other people? Why do you think you do that?

What is one tangible step you can take this week to stop looking for validation in God and begin looking for it in God?

M O V E

Read Proverbs 28:19

Do you have a vision for the relationship you are in or the one you want in the future? If so, what is it? Share it with the Group.

As Andrew reminded us this week, “Any WISE builder plans ahead before they start a project.” In order to have success, they need FORESIGHT and VISION for what the end result should look like. Vision is everything! If you don’t know where you are heading, you won’t be able to get there.

So, what is your vision for your future relationships?

If you are single, this is one of the best exercises you could ever do. In just a moment, you will have an opportunity to think of five non-negotiables you have for your future spouse. Take some time to envision who you want to end up with.

However, if you are in a relationship, you aren’t off the hook. Having a vision for your relationship is just as important for you. During this exercise, your job is going to be to envision what your current relationship could become.

Single

If you are single, this is one of the best exercises you could ever do. Make a list of five non-negotiables you have for your future spouse.

- 1.
- 2.
- 3.
- 4.
- 5.

Take a few minutes to share those non-negotiables with your Group. Why did you pick the ones you did?

In a Relationship

If you are in a relationship, use this time to dream about the way you want your relationship to be five years from now. Write down five values you have for your relationship.

- 1.
- 2.
- 3.
- 4.
- 5.

Take a few minutes to share those values with your Group. Why did you pick the ones you did?

P R A Y

We need prayer now more than ever. Spend some time-sharing prayer requests. If you are in a coed group, consider breaking off into two separate groups (or calls if you are an online group) to share more freely.

T O G O

Therefore, everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.

Matthew 7:24