



Level Up! | Doug Wekenman | 7.18.21
Weekly Study

S T A R T

To get things started, go around the circle and answer the following question:

If you were a professional baseball or softball player, what song would you want to play when you walked up to the plate?

S H A R E

Welcome back to Group! This week, Doug taught us how to LEVEL UP in our faith. In his sermon, he gave us six ways to level up! Because the more we level up, the less we limit God! But before we dive into the content, take some time to check in with your Group by answering these questions.

How was your week? Give it a letter grade. Why did you choose that grade?

What was the most challenging part of your week? What was the highlight of your week?

What is one thing you feel like God is trying to teach you right now?

G R O W

Read Romans 12:1-8

What do you think it means to be “transformed by the renewing of your mind”?

One of the biggest things we need to level up is our thought life. God has a good, pleasing, and perfect will for your life, and the more you level up your thoughts, the more you will be able to see it!

As Craig Groeschel reminds us, “your life is heading in the direction of your strongest thoughts.” If you don’t like your life, it’s time to change the way you think!

What is the number one mindset holding you back from the more God has for you? Where do you think that mindset came from?

Negative thought patterns can be really easy to pick up and incredibly difficult to put down. That’s why Paul is really serious about helping us think about what we think about.

Do you overthink conflict? Why do you think that is? Are you insecure about the words you say to people? Where did that start?

These aren’t easy questions to answer. But when we are willing to ask them, the Spirit of God begins to renew our minds. And according to Scripture, a renewed mind is the secret to transformation!

The more we level up, the less we limit God! It’s time to turn to Scripture to find some new mindsets.

What is one new thought pattern you want to begin to implement into your life? How are you going to practice doing that this week?

What is one Bible Verse you can memorize this week to help you renew you mind?

M O V E

Read Proverbs 10:9

What do you think it means to walk in integrity?

One of the other important things we need to level up is our integrity. As Doug reminded us this week, “in a world that is obsessed with image, God is obsessed with substance.” What we do when no one is looking is who we really are. Talent may take you far, but only character will keep you there. As the Proverb you just read reminds us:

“Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out” (Proverbs 10:9).

We have to be careful not to let our influence outgrow our integrity.

One of the most practical ways to practice integrity is confession. Confession has become somewhat of a Christian cuss word, but it is actually one of the best and most freeing gifts God has given us. When we talk to someone we trust about the things going on in our life, it's like shining a bright light on the darkest spots of our soul. Doug said it this way, “You can have secrets, or you can have freedom, but you can't have both. Everyone doesn't have to know all your stuff, but somebody needs to. Because your isolation is Satan's playground.”

Do you have someone in your life you can talk to about the real things going on in your life?

What is one way you feel like you need to level up your integrity? What is one tangible step you can take to work toward that goal this week?

Remember, the more we level up, the less we limit God!

PRAY

We need prayer now more than ever. Spend some time-sharing prayer requests. If you are in a coed group, consider breaking off into two separate groups (or calls if you are an online group) to share more freely.

TO GO

The mouth of the righteous is a fountain of life, but the mouth of the wicked conceals violence.

- Proverbs 10:11