

# 3RD, 4TH, & 5TH GRADE

WEEK 2 - OCTOBER 10, 2021

## OVERVIEW OF TODAY:

**Key Question:** How would you describe yourself?

**Bottom Line:** Knowing Jesus changes how you see yourself.

**Life App:** Individuality—Discovering who you're meant to be so you can make a difference.

**Basic Truth:** I can trust God no matter what.

## ACTIVITY #1 - VERSES TO TAKE WITH YOU

**What You Need:** Bibles, Q-tips, Markers, A box/basket/container, "Ephesians Cards" Activity Page, Straws, Sticky notes

1. Look up Psalm 139:14 and read the verse together.
2. Say: "How we are made is amazing and wonderful! Last week we talked about how God made us. What is special about humans that is different from any of God's other creations?"
3. Write the words "Wonderful," "Amazing," & "Made in God's Image" on sticky notes on the box.
4. Give each kid an "Ephesians Card" and read one of the translations together.
5. After reading the verse, ask kids to underline the word(s) that describe them.
6. Repeat this with each of the translations.
7. Discuss the words kids underlined in the verses. What do they have in common?
8. Write the underlined words on the box, too.
9. Divide kids up into four teams and assign each team a color.
10. Give each kid 10 Q-tips and a straw.
11. Instruct kids to mark their Q-tips with their assigned color.
12. Line kids up about 5-10 ft from the box. Challenge kids to launch their Q-tips into the box by putting the Q-tip in the straw and blowing it out as hard as they can.
13. Declare the winner the team with the most Q-tips in the box.

### Ask the group:

- Just like some of our launched Q-tips "missed the mark," we all sometimes feel like we miss the mark or don't measure up. We don't always feel like God's masterpieces.
- Are there times you feel like that too? (*Gently prompt kids to share times they felt like they "missed the mark." Be prepared to share a time you didn't feel amazing or wonderful. Maybe you didn't do well on a work assignment or you made plans to eat lunch with a friend for lunch and you forgot about it.*)
- Even when we don't feel amazing or wonderful, what do we know is true about how God created us? (*review the words on the box*)
- Even when we don't feel like God's masterpiece, how do we know we matter to Jesus? How do we know we are valuable to Jesus?
- What can we do to remember that we are valuable to Jesus?

**MORE ACTIVITIES ARE ON  
THE BACK OF THIS PAGE!**

## ACTIVITY #2 - DISCUSSION QUESTIONS

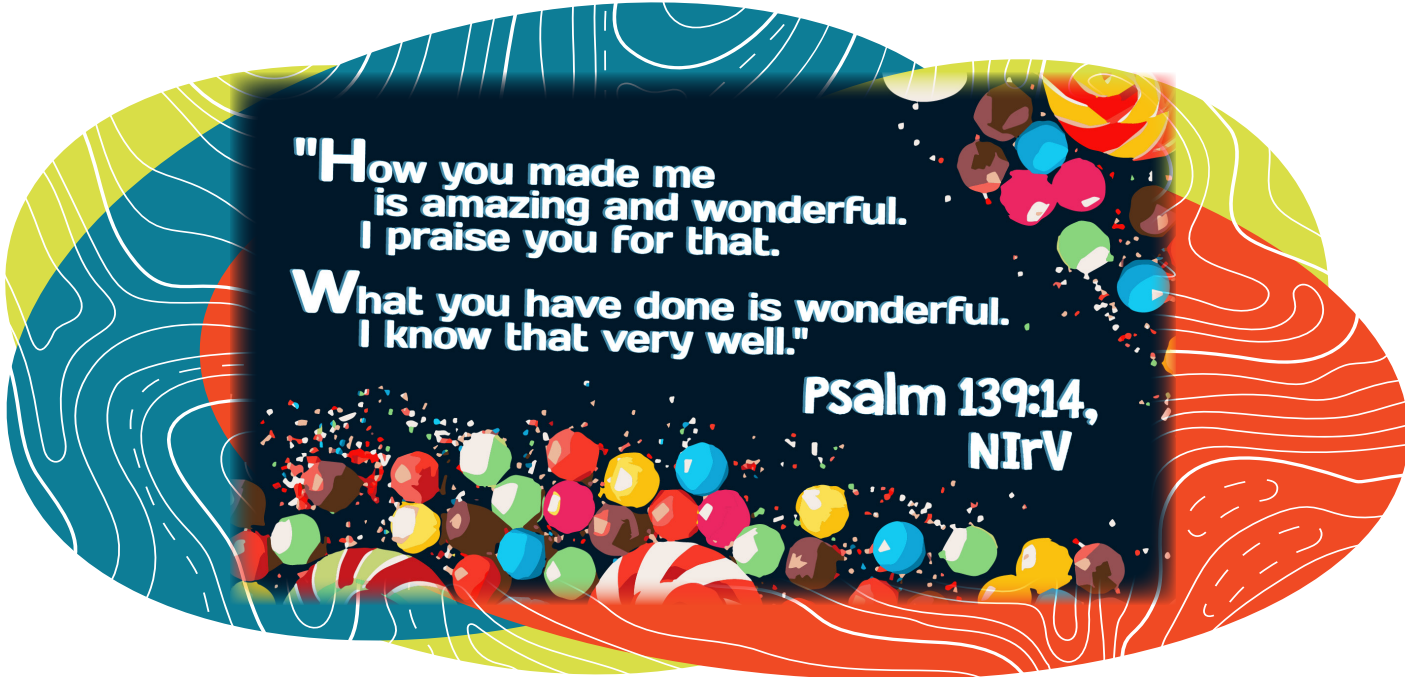
### Ask the group:

- How would your friends describe you? How would you describe yourself?
- Would you describe yourself as valuable? Why or why not?
- How do you know Jesus sees you as valuable? Especially when you don't feel valuable, how can you remember you matter to Jesus?
- How does it feel to know that Jesus sees you as valuable? How does it change the way you think about yourself?

## ACTIVITY #3 - MAKE IT PERSONAL WITH PRAYER

### What You Need: "Ephesians Cards" from the Verses to Take with You Activity

1. Encourage kids to write a prayer on the back of their "Ephesians Card."
2. Prompt them to thank God for how He made them and to thank Jesus for showing us we are important to Him no matter what.
3. Gather the group together and let them share their prayers with the group.



**"How you made me  
is amazing and wonderful.  
I praise you for that.**

**What you have done is wonderful.  
I know that very well."**

**Psalm 139:14,  
NirV**

# Ephesians 2:10

"We are God's creation. He created us to belong to Christ Jesus. Now we can do good works. Long ago God prepared these works for us to do." (NirV)

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." (NIV)

"For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them." (ESV)

"For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago." (NLT)

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## What to Do:

Print and cut along dashed lines. Provide one card for each kid.

## "Ephesians Cards" Activity Page

October 2021, Week 2, Preteen Small Group  
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