



A Morning Routine That Could Change Your Life | Levi Lusko | 7.17.22
Weekly Study

START

To get things started, go around the circle and answer the following question:

What has been the best thing about this summer?

SHARE

Welcome back to Group! This week we had Levi Lusko with us! He brought such a timely word to us all. Levi encouraged us to intentionally begin our day in the presence of God with amazement as we are invited to come alongside God the work of his kingdom.

But before we dive in, take a few minutes to check in with your Group:

How did you experience God this week?

Using one word, describe how you are feeling right now?

GROW

Read Genesis 28:10-22

There is so much richness in this passage of Scripture. When God speaks to Jacob, it is worth noting that he says nothing about Jacob's actions toward his father and his brother, Esau.

That is not what this wanderer from home needs to hear at this point. Instead, God reaffirms the covenant promises made to grandfather Abraham and father Isaac. Jacob falls asleep and God gives Jacob a vision. God reminded not only Jacob, but the entire forthcoming lineage, of whom would become the nation of Israel, of who God was and what he promised he'd do.

Jacob awakes to awe.

He was amazed by the covenant making and covenant keeping God. Jacob awakes to wonder, and everything changes in his life. In the midst of his amazement, Jacob learns that God doesn't just leave him in awe, but further invites him into his story. God invites Jacob to join him in his covenant work in the world. This glorious invitation propels Jacob to further invest into God's work. And Jacob dedicated his life to serving God and joining Him in his redemptive, covenant work on earth.

When was the last time you were in awe? What was that thing, event, and/or circumstance that left you in awe and wonder?

What were you invited into?

What did it cost you?

How did you dedicate your life, time, resources, treasures to this work?

M O V E

Read Psalm 5:3; Romans 13:11

Levi speaks of a healthy life-giving, soul-awakening morning routine. While he doesn't prescribe what that routine looks like, it is left up to the unique design and individual DNA of every one of us. This begs the question, what awakens your soul?

What awakens your soul?

Do you have an intentional morning routine? If so, what does it look like and how long have you been intentionally living in this rhythm?

What brings you life? How often do you experience those life-giving moments? And is it part of your routine?

If you have an intentional rhythm, how does this rhythm allow you to experience awe?

How does this rhythm invite you into God's work into daily life?

How does this rhythm, create a deeper investment into the story of God?

How does this rhythm create in your daily life more robust dedication to the things of God and his Kingdom, on earth as it is in heaven?

Does your current rhythm of life result in worship?

P R A Y

We need prayer now more than ever. Spend some time-sharing prayer requests. If you are in a coed group, consider breaking off into two separate groups (or calls if you are an online group) to share more freely.