

# How Do I Read the Bible? | Doug Wekenman | 10.30.22

## Weekly Study

#### SHARE

Before we jump into the study, take some time to check in with your group and ask the following questions:

## • What is the most impactful or challenging thing you learned during Sunday's sermon?

## • What did that thing teach you about God? About yourself?

On Sunday, Doug completed our series "Word of God." In this series, we asked and answered big questions about the Bible. We pray that it has equipped you to experience everything God has waiting for you in the pages of His Word. We hope that we now not only know more about the Word of God, but will experience more of the power of the Word of God in our life.

## GROW

## Read Mark 1:35.

One verse can change everything about your life if you know what to do with it. The word of God is only able to direct our paths if we actually take the time to read it. From work to email to kids, everyone is looking for you all the time, which means that you need to make place and time to spend with God. Everyone is distracted and busy, but things begin to change when we prioritize finding space to open the Word of God and invite the Holy Spirit to come speak. We all have more time than we think we do.

When we read scripture regularly, the words are going to begin to mean more to you because you will understand the story. The Word of God is alive and active and ready to meet you where you are today. It will meet you in whatever circumstance you find yourself in.

- What is your current intake of scripture? How do you think your life would change if you prioritized spending time with God by reading His word each day?
- What circumstance are you facing right now that you need the Word of God to come meet you?

Dive Deeper: Check out the *28-day devotional* that has been written as a resource to navigate through the new series, Word of God. You can find it on our Red Rocks Church app and website. Share with someone in your group this week something that God reveals to you or is teaching you through the devotional that week. If you haven't started it yet, it's not too late!

#### ΜΟVΕ

#### Read Habakkuk 2:2, Joshua 1:8 and Psalm 1:1-3.

During this week's message, Doug talked about meditating on scripture and putting the things we learn from scripture into action. Don't just read and learn the words, reflect on it and internalize it. Meditation is a cultural buzzword right now, but it is all over scripture. There is a time and place to read the Bible quickly, but you also need to zoom in and get to the ground level and get it in your heart. The word for meditation is actually *hagah* — it gets its meaning from chewing on food to the point where you're getting every last nutrient out of it. That takes time, but it's worth it, because this is how the word of God gets from your head to your heart. Meditation leads to revelation, and revelation leads to transformation. Everyone is after transformation.

Don't just listen to the word — do what it says. It's great to have read the word, learned about the context, and memorized the verse, but we can know the word and not know God. It has to be applied! As you apply it and share it with others, it will ignite you with passion and purpose for what God is doing in and around you.

- How do you usually approach reading the Bible? Do you "fly by" it as an item to check off your daily checklist (no shame!), or have you gotten into the habit of taking time to meditate on the word?
- Who in your life do you know needs to hear the gospel? What emotions come up when you think about sharing the good news of Jesus with that person? Take time as a group to encourage each other to step out in faith and watch as the Holy Spirit strengthens you.

Dive Deeper: Commit with your group to start the Bible in a Year reading plan — download the Bible app and search for "The One Year Bible".

#### PRAY

Take time to pray as a group, inviting the Holy Spirit to stir your hunger to not only read and learn the Word but love it, internalize it and take action as you step out to share your faith with the people around you.