



Have fun learning and playing
with your preschooler!

Activity

Boat Ride

What You Need:

Pillows and cushions

What You Do:

Build a pretend boat with pillows and cushions with your child. Invite your child to get in the “boat” with you and sit down. Tell them that when you say, “Waves,” they will rock side-to-side. When you say, “Be still,” you will freeze.

Say, “Let’s sit inside our pretend boat. In our Bible story, Jesus and His disciples were in a boat. Let’s pretend we’re with Jesus in a boat. When I say, ‘Waves,’ we’ll rock like this. (*Demonstrate.*) When I say, ‘Be still,’ we’ll freeze, like this. (*Demonstrate.*) Here we go!

“One day, Jesus and His disciples got in a boat to cross a lake. The WAVES made the boat rock side-to-side. Rock with me. (*Rock side to side.*) Then a storm came, and the wind made the WAVES rock even more. (*Keep rocking.*) The WAVES got bigger and bigger. (*Keep rocking.*) The disciples woke Jesus up because they were afraid. Jesus told the wind and WAVES (*keep rocking*) to . . . BE STILL! (*Freeze in place.*) And they STOPPED! Jesus is amazing! Let’s do that again!” (*Repeat as many times as desired.*)

After the activity, say, “Jesus has the power to stop wind and waves because Jesus is amazing! Who is amazing? Jesus is amazing.”



Bible Story

Calming the Storm
(Matthew 8:23-27,
Mark 4:35-41)

Remember This

“Everyone who heard
him was amazed.”
Luke 2:47, NIV

Say This

Who is amazing?
Jesus is amazing.

Prayer

“God, thank You for sending Your only Son, Jesus, to be our friend forever. He is SO amazing that He could stop a great big storm with just two words! Jesus is amazing and so powerful. Thank You for Jesus, and it’s in His name we pray, amen.”