

# Humility is putting others first by giving up what you think you deserve.

## DAY 1

### Read Ephesians 4:2

Have you ever baked cookies or something else? Did you follow a recipe?

Our verse today gives us a pretty good recipe for putting others first. When we combine humility with gentleness, and mix it with patience, the people around us feel loved and cared for. When we're careful or gentle with our words and actions, we put others first! When we're patient, when we listen and wait on others instead of getting frustrated, we show love to the people around us.

In the space below, write your own recipe for putting others first. For each of the words below, write down one way you can put that idea into practice. Put your recipe into action with your friends this week!

#### Recipe for Humility

Ingredients:

Gentleness: .....

Patience: .....

Service: .....

Kindness: .....

Love: .....

## DAY 2

### Read Proverbs 27:2

When you do something cool – like score a goal or reach the next level in a video game – do you ever wish that people would tell you how great you are? How do you feel if they don't?

It's awesome when other people recognize your hard work, but it's not so awesome when you brag about your success. This Proverb reminds us to let the praise come from someone else. And if no one notices, if no one ever sees exactly what you've done, remember, GOD does!

Write the words of this verse inside the speech bubble to remind you to choose humility and let others praise you this week.

Listen to others and let them say, "Good Job!" instead of bragging about your own accomplishments this week.

### DAY 3

#### Read 1 Peter 3:8

The word humility comes from the word humus. Humus is an important part of the soil necessary for plant growth. It's the substance left over from other plants and animals after the long process of decomposition. With humus as part of the soil, you have the best environment for a plant to grow and thrive.

What if you had two friends who were both selfish, and only looked out for themselves? Would that be a healthy friendship? No way!

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According to today's verse, what are some things a healthy friendship needs? Unscramble the answers below:

.....  
E A I U N N N T D D G R S

.....      .....

E O V L      N K D S S E N I

.....  
E E E S S N N T D R

.....  
U I I T H L M Y

*Answers: understanding, love, kindness, tenderness, humility*

### DAY 4

#### Read Galatians 5:13-14

Grab any unfilled plastic Easter eggs or plastic containers with lids from the kitchen. Cut or tear a sheet of paper into several strips. On each piece, write "ME" or "OTHERS." Put each piece in a different container and mix them up. Beside each scenario below, write either "ME" or "OTHERS" based on what you find inside the container.

As you and your best friend start to play catch at recess, you notice the new kid sitting by herself.

Your parent says you have 30 minutes of TV time left and your little brother wants to watch his favorite show.

Your parent says you can buy one bag of Easter candy for the family to share. Your favorite is chocolate eggs but your sister loves jellybeans.

Spoiler alert! You don't HAVE to follow what the paper says. You have a CHOICE. You can choose to let go of what you want or to put yourself first. When you put others first, you live out what Jesus said is the most important thing: loving others.

**Put others first by making things right.**