



Have fun learning and playing  
with your preschooler!

## Activity

### Gentle Bubbles

#### What You Need:

Bubble solution and wand

#### What You Do:

Say, "I have some bubbles for us to play with today. Let's see if you can be gentle and catch them on your hand."

Put a little bubble solution on your child's hands so their hands are slightly wet. Blow bubbles with your child and have them gently try to catch the bubbles without popping them.

Say, "Remember, we're trying to be gentle with the bubbles so we can catch them without popping them. Here they come. *(Blow bubbles.)* Gently hold your hand out and let the bubble land on it. *(Pause.)* Look at how gentle you are! Let's keep playing. *(Repeat as desired. If the solution on their hands dries, put some more bubble solution on them.)* This time, when you catch a bubble, walk around with it on your hand. Let's see how long you can hold them until they pop. *(Pause.)* I love how gentle you are. Nice job!"

Say, "The woman in our story was sick, and she heard that Jesus could make sick people better. So she went to see Him and touched His clothes. And just like that, she was all better! Jesus asked who had touched His clothes. When the woman told Jesus it was her, Jesus was gentle and used kind words. We can use kind words and be gentle with our friends and love like Jesus. Who can love like Jesus? I can love like Jesus."

### Bible Story

Jesus Is Gentle  
(Mark 5:25-34)

### Remember This

"A friend loves at all times."  
Proverbs 17:17, NIV

### Say This

Who can love like Jesus?  
I can love like Jesus.

## Prayer

"Jesus, thank You for being gentle. You love us with your kind words, just like You loved the woman in our story today. Help us to be gentle like You. Amen!"