

# ARMOR OF GOD PRAYER

Dear God, thank you for your goodness and grace. Thank you for the victories you've already won, the doors you've already opened, and the ways you've already made. Today, I stand on your promises and claim victory over \_\_\_\_\_. (*Fear, anxiety, lust, depression, apathy, etc.*)

First, I put on the belt of truth. My emotions matter, but truth never changes. So today I choose to live by what is true, not by what I feel. The truth about me is I am chosen, loved and forgiven. The truth is that you are a good God with good plans for my life. I trust you, and I voluntarily yield in love to the purposes you have in store for me.

Next, I put on the body armor of God's righteousness. Your love is more powerful than all my mistakes, and the grace that saved me is the grace that sustains me. No matter what happened this past week, your mercies are fresh every morning. I'm a new creation and I choose to live like it. Today I walk confidently in my calling knowing you are my Father and I am your child. I don't live *for* your love; I live *from* your love.

Now I put on the sandals of the gospel of peace. Your peace goes beyond my circumstance or season. It's not a place to arrive at tomorrow, it's a path to walk on today. My life is full, and my day is busy, but my heart will not be hurried. I live with the unforced rhythms of grace, and every room will be better because I walked into it. I will be a calming and confident presence, leaving tracks of peace everywhere I go.

I pick up the shield of faith, believing you can do exceedingly and abundantly more than all I could ask or imagine. You are infinitely powerful and intimately present, and no matter what I'm facing or what I'm praying for, I believe there's no limit to what you can do.

I will not play small with the gifts you've given me. Temptations and critique are on the horizon, but my faith won't hesitate. With this shield I claim victory out loud and ahead of time knowing there's nothing you can't do in my life and through my life.

I now put on the helmet of salvation. You've given me authority over the six inches of space between my ears. Today I choose to take every disobedient thought captive in the name of Jesus Christ. I know there are lies heading my even way as I pray, so I protect my mind with this helmet, and those thoughts are nothing but a waste of my energy and time. Your love surrounds me when my thoughts wage war, and I will dwell on nothing but what is good, right, pleasing and pure. For I've been given a sound mind.

Finally, I take up the sword of the Spirit, which is the Bible. Your Word is a double-edged sword that will teach me, guide me, comfort me, and prevail against the enemy. As I read it, it reads me back, showing me how you have overcome the world. Your Word reminds me that when I commit my life to your glory, you'll commit your resources to my story. It is the Word of God, the firm foundation I choose to build my life upon.

Father, I go now about my day and invite you along for every step of the way. I fix my eyes on what is unseen, and I live for what's eternal. Thank you for choosing me as a representative of your love to a world that desperately needs it. Help me to live on purpose and use me to change the world. Let the people in my life see Jesus in me, as your power is made perfect in my weakness.

*In Jesus' name I pray, amen.*