



5 Mindsets for MORE | Ryan Wekenman | 2.1-2

Weekly Study

SHARE

Welcome Red Rocks Church to another awesome Sunday! We are beginning another series by continuing in the topic of "MORE" with this week's message where Pastor Ryan digs into the 5 mindsets for **MORE**.

We explore 5 limiting mindsets which attempt to trap us into a mentality that tells us to settle for less and how we are able to escape such thinking with the transformative power of renewing our mind in God's Word. God has provided us with a newness of mind when we were made a new creation in Christ. It's by living in these 5 healthy mindsets that we are able to live for the MORE God has in store.

- What were the biggest takeaways for you from this weekend's message?**
- Discuss with the group what Paul meant when he said, "but we have the mind of Christ."**

GROW

Read Ephesians 3:14-21

We all want God to do more in our lives. We all desire the abundant life Jesus came to give us, yet, in the brokenness of our minds, we continue to settle for what the world says we deserve. That "more" we seek from God begins with the journey of renewing our minds according to what God says, not what our natural self dictates.

- What is one practical way you can renew your mind daily?**

God created us in His image and designed us to live in the perfect abundance of His presence. However, sin entered, separating us from that reality. We were fed lies—that God doesn't love us, that nothing will work for us, that the good days are behind us, and that this is how it has always been. Because of these lies, we convince ourselves that nothing we do matters. As a result, we find ourselves stuck in unhealthy mindsets. Yet, in those moments, we must ask

ourselves, “Who told me that?” This is the danger of succumbing to the frailty of our minds. God’s Word tells us who we are and whose we are, yet we naturally listen to what the world says we are - when, in reality, God has so much more for us.

What one mindset is stopping you from stepping into the MORE God has for you?

God’s Word provides us with truths that, if we listen to and believe, will help us turn from negative mindsets to the mindsets we are meant to live in—so we can see God do more in our lives. Make no mistake, we will face trials and troubles in this life, yet we are more than conquerors. Because of this truth, we can embrace the mindsets that lead us to the abundance God has for us.

God loves us and works all things together for our good. Because He is doing a new thing in our lives every day, we can adopt the mentality that these are the good old days and that today doesn’t have to be like yesterday. We must stop telling ourselves that nothing we do matters, when according to God’s Word, everything we do carries infinite significance.

How can you keep a healthy mindset in the midst of adverse circumstances?

Why is it important for us, as Christians, to adopt these mindsets when wanting God to do more in our lives?

MOVE

Read Mark 2:22

Oftentimes, we attempt to start a healthy habit while still engaging in an unhealthy one, only to see it fail. The same happens with our mindsets—we try to adopt a positive mindset while still holding onto a negative one in the back of our minds. This is exactly what Jesus was referring to when He spoke about new wine being placed into old wineskins. We experience joy and peace for a moment, but soon, the same old lies creep back in because we make futile attempts to step into the new and embrace the more God has for us—without fully replacing the mindsets that limit us.

How can you begin to shift from the mindset that is stopping you from stepping into the more?

It is through the renewing of our minds that we are empowered by the Holy Spirit—not only to shift our mindset to the Truth but also to replace our natural inclination to believe lies, fully ridding ourselves of limiting mindsets. As new creations in Christ, we must intentionally choose to stay in close proximity to the Truth—who is Jesus—if we want to live in victory over old mindsets and witness the new thing God is doing in our lives this year. Shift your mindset, step into the new, and believe God for more, as He has already promised to give you that and much

MORE.

- How can you stop living off the scraps of what God did last year and move to a mindset of expectancy for God to do more this year?**
- What actionable steps can you take to stay in proximity with God this year?**

P R A Y

Come together in unity and pray for a fresh renewal of your mind in the things of God. Ask the Lord to remove the limiting mindsets and replace them with the mind of Christ through the power of the His Spirit. Pray for God's strength to uphold you in moments of weakness.

CHALLENGE - Pray Ephesians 3:20 over your life every day this year and witness God do MORE.

Share any prayer requests with the group and take time, each person, to pray for each request.