



RED ROCKS CHURCH

*21-Day Love Your Neighbor Challenge*

## WELCOME

# We are so excited you're joining us on this journey!

This 21-Day Love Your Neighbor Challenge is designed to strengthen your faith, ignite your spirit, and help you mobilize your gifts and live on mission by turning ordinary, everyday moments into extraordinary opportunities to love those around you. 1 John 3:16-18 reminds us that God's love isn't just spoken—it's demonstrated through our actions:

*"By this we know love, that he laid down his life for us, and we ought to lay down our lives for the brothers. But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him? Little children, let us not love in word or talk but in deed and in truth."*

We hope that this challenge transforms both your life and the lives of those around you. As you serve and love your neighbor, our prayer is that your heart is softened, and you begin to see the image of God reflected in the faces of those around you. Perhaps most importantly, we pray that these 21 days spark a lifelong commitment to service, generosity, and love, shaping you more into the image of Christ.

Remember, this isn't "just another task" on your to-do list, it's an invitation to lean in, trust the process, and let your life be an act of worship through the way you love others. Let's get started.

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**“May my words and works  
allure others to the highest  
walks of faith and love.”**

*- Valley of Vision (Christlikeness)*

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## GETTING STARTED

# WHAT IS THE 21-DAY LOVE YOUR NEIGHBOR CHALLENGE?

*It's very simple:*

*Be the hands and feet of Jesus by doing one simple act of kindness each day. That's it!*

**READ** Read the daily verse on how we're called to be the hands and feet of Jesus, and one thought on why it's important.

**PRAY** Spend 3-5 minutes each day praying for an opportunity to serve or bless someone in your life. This could be a family member, a friend, a classmate or co-worker, a stranger, or even someone you consider an enemy.

**ACT** Do one loving act of kindness for someone in your life. It can be a large and extraordinary act of kindness or a small and simple expression of love. No act of kindness is too small—let the Holy Spirit lead you. Each day includes a suggested idea, but you're welcome to come up with your own as well!

**WEEK ONE:**  
**Small Beginnings**

**“Do not despise these small beginnings, for the Lord rejoices to see the work begin.”**

*Zechariah 4:10 NLT*

## **STORY** *You Can Make A Difference*

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A young girl was walking along a beach where thousands of starfish had been washed up after a terrible storm. With determination and joy, she walked up and down the shore, picking up one starfish at a time and gently throwing each one back into the ocean. Curious onlookers watched her in amusement. After some time, an old man approached and asked, “Young lady, what are you doing?”

“The sun is up, and the tide is going out,” she replied. “If I don’t help them, these starfish will dry up and die.”

“But there are miles of beach and thousands of starfish,” the man said. “You can’t possibly make a difference.”

Discouraged for a moment, the girl paused, staring at the ground. Then she bent down, picked up another starfish, and handed it to the man, smiling gently. "It will make a difference to this one."

The old man looked at the starfish in his hand, reflecting on what she had said. He then tossed it into the ocean, smiled back at the girl, and said, "Let's go help a few more."

- Adapted from "The Star Thrower" by Loren C. Eiseley

*With so many people in need and causes to support, it can feel overwhelming to know where to start. Just like the old man watching from afar, we may feel that our efforts are too small to matter in the face of so much need. But Jesus calls us to love one person at a time, trusting that even the smallest act of kindness can have a ripple effect. When we step out in faith to serve, we reflect God's love in a way that can transform both others and ourselves.*

*This week, start small. You don't have to change the world, but you can change someone's world. Let Jesus use your simple acts of love to bring hope, healing, and change—one life at a time.*

## READ

**“The first thing I want you to do is pray. Pray every way you know how, for everyone you know.”**

*Zechariah 4:10 NLT*

The disciples who followed Jesus had one request: “*Lord, teach us to pray.*” They knew they needed to understand the power of prayer more than anything else. When we engage in prayer, we invite God’s presence into our lives, creating space for His love, power, and miracles to work. Prayer is not just a way to ask God for what we need, but a powerful tool to communicate our hopes, fears, gratitude, and expectancy for His will to be done in our lives. Through prayer, we find peace, gain wisdom, and receive the direction we need to move forward in faith.

What if prayer and praise spilled out beyond our homes and into our communities? When we pray, we invite God to do what only He can—transform lives, heal hearts, and bring His kingdom to Earth.

## ACT // PRAYER WALK

Choose a time to walk around your neighborhood, school, or workplace and pray for the community and the people within it. Invite friends and family to join you, and approach this time with confidence and expectancy for what God wants to do in and through you over the next 21 days. As you pray, ask yourself these questions:

- 1 God, how do you want to transform my own heart and life during this challenge?
- 2 What needs or struggles do I see in my community that break my heart?
- 3 God, what brokenness in my community weighs on Your heart that I should be aware of?
- 4 God, how are you inviting me to be a source of hope and healing for someone?



## READ

**“Kind words are like honey-sweet to the soul and healthy for the body.”**

*Proverbs 16:24 NIV*

**“Words are, in my not-so-humble opinion, our most inexhaustible source of magic. Capable of both inflicting injury, and remedying it.”**

*-Albus Dumbledore (J.K. Rowling)*

## ACT // HERE'S YOUR SIGN

Let your words bring life and hope to those who need it most. Take a moment to pray over a verse or a word of encouragement, then find creative ways to share it in your community. You can use sidewalk chalk, leave a note in a mailbox or on a doorstep, tape it to a bridge or park bench, or hold a sign with a message of love at a busy intersection. Here are some ideas to get you started:

- 1 You, as much as anybody in the entire universe, deserve to know how loved you truly are.
- 2 You matter. I hope you know that.
- 3 You are not your mistakes, your struggles, or your past. You are seen. You are loved. You are valued beyond measure. Don't forget that.
- 4 The future version of you thanks God every day that you didn't give up.

## READ

**“Do not withhold good from those who deserve it when it’s in your power to help them.”**

*Proverbs 3:27 NLT*

**“Jesus’ life was full of interruptions—people stopping Him in the street, calling out to Him, reaching for His robe. But He never saw these moments as distractions. Instead, He welcomed them as opportunities to love, heal, and bring hope. To put it simply: ‘The interruptions in your life aren’t interruptions at all, but rather opportunities to participate in God’s work of grace.’”**

*-Paul David Tripp*

## ACT // INTERRUPTIONS ARE INVITATIONS

What if we saw interruptions the way Jesus did? The unexpected phone call, the coworker who needs to talk, the child tugging at our sleeve—we could see these as distractions; or opportunities to love someone. So today, when your schedule is full and your focus is elsewhere, pause. Be present. Let love interrupt your plans. You never know how much it might mean to someone who just needed to feel seen.

## READ

**“Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?’ Jesus said, ‘Have the people sit down.’ There was plenty of grass in that place, and they sat down (about five thousand men were there). Jesus then took the loaves, gave thanks, and distributed to those who were seated as much as they wanted. He did the same with the fish. When they had all had enough to eat, he said to his disciples, ‘Gather the pieces that are left over. Let nothing be wasted.’ So they gathered them and filled twelve baskets with the pieces of the five barley loaves left over by those who had eaten.”**

*John 6:9-13 NIV*

Over two thousand years ago, a young boy showed up to hear Jesus speak, carrying a simple lunch—five loaves and two fish. It may have been all the food his family had left. It was enough to meet his needs... barely. Then something unexpected happened: he was asked to give it all away. Everything he had. Everything he needed. And he said ‘yes’. We often focus on the miracle—Jesus feeding thousands—but forget that it all started with one boy’s willingness to trust Jesus with what little he had. That moment of faith changed lives, and it still speaks to us today.

## ACT // WORLD'S BEST LEFTOVERS

Sometimes, the most powerful step we can take when we're in need is to trust God with the very thing we think we can't afford to lose. When we release what's in our hands, God is able to do immeasurably more than we could ever ask or imagine. Today, if God invites you, be willing to give the very thing you need most to someone else, and watch what He does with it.

- Forgive, even if you still feel hurt.
- Encourage someone, even if you feel unseen.
- Share, even if you feel stretched.
- Love, even if your heart feels empty.

## READ

**“Rejoice with those who rejoice; mourn with those who mourn.”**

*Romans 12:15 NIV*

Jesus was always on mission, but never in a hurry. He moved with purpose, but never overlooked a single person. No matter their story, struggle, or situation, He met them right where they were and gave them the gift of his full presence and attention. Our time and attention may be the most valuable gift we have. When we give them freely, especially to someone who needs it, we reflect the heart of Jesus. Let's be people who slow down, show up, and love well.

## ACT // QUALITY TIME

Your presence matters more than you know, and someone in your life needs it today. Whether it's a deep conversation or simply showing up fully in a moment, God wants to use your time and attention to make someone feel seen, valued, and loved. So, who might need that today? Maybe it's a friend going through a tough season, your kids craving connection, a coworker in need of encouragement, a parent who just wants a moment with you, or even a stranger who feels invisible. Today, push back against the rush and be interruptible. Give someone your full attention—no strings, no distractions—just love. You never know what kind of healing God might bring through something so simple.

## READ

**“What should we do then?” the crowd asked. John answered, “Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same.”**

*Luke 3:10-11 NIV*

**“Is it possible that Jesus is inviting you to meet someone’s human need so that He can move through your faithfulness to meet their eternal need?”**

*-Pastor James Powell*

## ACT // SPONTANEOUS GENEROSITY

Today, ask God to open your eyes to someone who needs a reminder that they’re seen and loved. As you go about your day, whether you’re at the grocery store, the gas station, or your favorite coffee shop, be on the lookout for a moment to step in and bless someone unexpectedly. Maybe it’s covering someone’s groceries, filling a gas tank, or picking up the tab in the drive-through. Small, quiet acts of generosity can echo louder than you think. Let today be the day you become the answer to someone else’s prayer.

## READ

**“Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.”**

*Philippians 2:1-4 NIV*

One of the beautiful things about following Jesus is that, with each passing day, we become a little more like Him. And as that transformation happens, we begin to see the people around us the way He does—as beloved sons and daughters of God. Philippians 2:1–4 calls us to live with unity, humility, and compassion—not just looking out for our own interests, but also for the needs of others. It’s a reminder that the love of Christ isn’t something we work for; it’s something we live from. When we step into someone else’s world—to listen, to serve, to help carry their burden—we reflect the heart of Jesus and share His love in a powerful way. And more often than not, it’s the smallest acts of kindness that shine the brightest.

## ACT // A HELPING HAND

Is there someone near you who could use a helping hand? Maybe it’s a widow, a single parent, an elderly couple, or a neighbor living with a disability—someone whose load is a little heavier right now. Take a moment to reach out with kindness. Ask if there’s anything they need—a simple errand, help around the house, or just someone to talk to. Then, follow through with love and joy. These small acts of service can speak volumes. You might be the answer to a prayer they haven’t voiced—and a reminder that they’re seen, valued, and not alone.

## WEEK ONE SUMMARY

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**“I have never met a person whose greatest need was anything other than real, unconditional love. You can find it in a simple act of kindness toward someone who needs help. There is no mistaking love, it is the common fiber of life, the flame that heats our soul, energizes our spirit and supplies passion to our lives.”**

*- Elizabeth Kubler Ross*

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This week, we kicked off the Love Your Neighbor Challenge with a simple but powerful statement: small things matter. Whether it was a conversation, an act of kindness, or simply being present, we were reminded that God delights in the seemingly ordinary moments where love takes root.

Our hope was to help you see that you don't need an abundance of resources or a perfect plan—just a willing heart. When you show up with intention, God can use even the smallest acts to reach someone who needs to hear about Jesus and feel His love.

You may never know the full impact of a small gesture, but God does. And He rejoices every time you choose to love your neighbor. Let's carry that momentum forward into next week, staying open, available, and ready for whatever God might do through us.



## REFLECTION

*How did you see God show up in your life and in the lives of those you served through your obedience this week?*

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*Is there something you did for someone else this week that you can incorporate into your faith and life on a daily/weekly basis? What is it?*

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**WEEK TWO:**  
**Living On Purpose**

**“Imitate God, therefore, in everything you do, because you are his dear children. Live a life filled with love, following the example of Christ.”**

*Ephesians 5:1-2 NLT*

“Jesus talked to His friends a lot about how we should identify ourselves. He said it wouldn’t be what we said we believed or all the good we hoped to do someday. Nope, He said we would identify ourselves simply by how we loved people. It’s tempting to think there is more to it, but there’s not. Love isn’t something we fall into; love is something we become.”

*- Bob Goff*

# THOUGHT

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*You weren't created just to get through the day—you were created to live fully. You were designed to make others feel seen, to build things that last, to love deeply, serve boldly, and reflect God's goodness in everyday moments.*

*Living with purpose doesn't happen by accident. It begins when we pause long enough to ask what truly matters and choose intention over routine. When we wake up on mission, our work, relationships, and even interruptions become opportunities to reflect God's love and make a lasting impact.*

*This week, don't just drift. Live on purpose, for a purpose. Let the Holy Spirit turn ordinary moments into meaningful ones—opportunities to bring hope, kindness, and love to the people around you.*

## READ

**“Cheerfully share your home with those who need a meal or a place to stay.”**

*1 Peter 4:9 NLT*

**“The reason we are hospitable is to open our hearts to others in the way that God has opened His heart to us. . . Hospitality is not to change people, but to offer them space where change can take place.”**

*-Henri Nouwen*

## ACT // BUILDING A LONGER TABLE

Do you see your home as a possession or as a resource God can use to bless others? It's easy to get caught up in protecting our space and privacy, but Jesus often used the dinner table as a place of connection, healing, and transformation. He didn't build walls—He built community. And He calls us to do the same. When we share a meal, we share a piece of our lives, and that simple act can open the door for Jesus to do what only He can. Your home could be the very place where someone feels seen, valued, and loved. This week, challenge yourself to invite a neighbor over for dinner—especially someone you don't know well or even someone you've found difficult to connect with. It doesn't have to be fancy. Just open your door, set the table, and let God do the rest.

## READ

**“Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”**

*Galatians 6:10 NIV*

Sometimes, just knowing someone is thinking about you is enough to lift the weight of the day. There's something powerful and healing in the simple awareness that we're not alone—that someone, somewhere, paused in their busy life to think of us. It might come through a text, a quick check-in, or even a thoughtful gift. In the middle of a heavy day, that small gesture can break through the fog of loneliness or stress and remind us that we're seen, valued, and loved. It's often these small, quiet moments that mean the most because they prove someone chose to care without needing a reason. It reminds us of our worth, not because of what we've done, but because of who we are to them.

## ACT // RING AND RUN BLESSING

Brighten someone's day with a surprise care package—simple, thoughtful, and full of love. Think of a friend, neighbor, or family member who could use a little encouragement, then leave a bundle of kindness on their doorstep. Send a quick text that says, “Hey, check your porch :)” — or go full mystery mode and do a friendly ring-and-run! Need ideas?

- 1 For someone under the weather: soup, Gatorade, a cozy mug, and a note that says “Rest up, you're loved!”
- 2 For a friend who needs a pick-me-up: Chick-fil-A and a handwritten card.
- 3 For anyone, anytime: a small gift basket with a candle, their favorite candy, and a kind message.

## READ

**“Remember your leaders who taught you the word of God. Think of all the good that has come from their lives, and follow the example of their faith.”**

*Hebrews 13:7 NLT*

**“Beyond the horizon of time, there is a changed world—a world different from today’s world. Some people see across this boundary of experience and into the future. They believe that dreams can become realities. They open our eyes and lift our spirits. They build our trust and strengthen our relationships. They stand firm against the winds of resistance and give us courage to continue the quest. We call these people leaders. They take us to places we have never been before. We are fortunate that they do.”**

*-James Kouzes & Barry Posner*

## ACT // THANK YOU FOR BELIEVING IN ME

Think of someone who believed in you, encouraged you on a hard day, or quietly poured into your life in ways that left a mark. These are the people who helped us grow, often without even knowing it. Take a moment to thank them. Send a message, write a quick note, or tell them face-to-face how much they’ve meant to you. Want to go the extra mile? Drop off a coffee, a small gift, or take them to lunch. You never know how much your words might mean, especially today.

## READ

**“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light.”**

*Matthew 11:30 NIV*

When we go out of our way to take something off someone's plate and give them a break, we embody the spirit of Jesus' easy yoke, offering relief and rejuvenation. Just as these words promise renewal to the tired, our actions can bring much-needed rest to those overwhelmed by life's demands. In providing a moment of rest, we not only lighten their load but also offer them strength and encouragement.

## ACT // I WILL GIVE YOU REST

We all know someone who's running on empty—a tired parent, an overworked friend, a caregiver who never gets a break. This week, offer to help with a chore, watch their kids, run an errand, or simply take them out for coffee. Step in and lighten their load, even if just for a moment. When we ease someone's burden, we reflect the heart of Jesus—the one who invites the weary to find rest in Him. Your small act of kindness could be the break they didn't know how to ask for and the encouragement they desperately need.

## READ

**“For the whole law is fulfilled in one word: ‘You shall love your neighbor as yourself.’”**

*Galatians 5:14 ESV*

**“The only way we will love our neighbors as ourselves is by getting to know our neighbors, even in the midst of our differences. The only way to truly know someone is by being with them, by conversation.”**

*-Eric Overby*

## ACT // HEY NEIGHBOR!

Some of the most meaningful connections begin with just one small step... like a knock on the door. Chances are, there's someone living just a few feet away from you whose name you don't know. They might be the quiet neighbor, the one with the barking dog, the older couple down the street, or the new family that moved in last month. Whoever they are, this is your invitation to meet them. Not to preach. Not to impress. Just to be present. Maybe bring a plate of cookies, a small care package, or even just a handwritten note. Here's something simple you could say: “Hi! I'm \_\_\_ and I live just down the street. I'm doing a ‘Love Your Neighbor’ challenge with my church and realized we haven't officially met yet—I just wanted to introduce myself.” That's it. No pressure. Just presence.



## READ

**“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”**

*Matthew 28:19-20 ESV*

“Think back to a time when you felt alone or like you didn’t quite belong—then remember the moment someone welcomed you in. That invitation may have seemed small, but it meant everything. We often underestimate the power of a simple invite. Whether it’s to church, a small group, or just into your life, your invitation could be the open door someone’s been praying for. Jesus calls us to “go and make disciples” (Matthew 28:19)—and sometimes that starts with the words, “Want to come with me?” You never know the impact your courage and kindness could have. How will you invite someone into your life this week?

## ACT // EXTEND AN INVITATION

Reach out to someone in your life—maybe a friend, neighbor, coworker, or even someone you’ve just met—and invite them to church tomorrow. You don’t have to say anything fancy. Just be real, be kind, and let God do the rest. That small step of courage could open a door to hope, healing, and belonging for someone who needs it more than you know.

## READ

**“Greater love has no one than this: to lay down one’s life for one’s friends.”**

*John 15:13 NIV*

Every day, courageous men and women step out of their front doors, leaving behind home, family, and comfort, to stand ready at a moment’s notice. Whether they’re protecting our neighborhoods, rushing into danger to save lives, or offering care and healing in our darkest hours, they embody the highest form of love.

Their willingness to sacrifice their own safety so that we might live with hope, peace, and health is nothing short of extraordinary. We are profoundly blessed by their service. Today, and every day, we honor their selfless hearts and sacrificial love by saying thanks and giving back.

## ACT // FOR THOSE WHO SACRIFICE

Today, find a way to bless a police officer, firefighter, EMT or paramedic, 911 dispatcher, doctor, nurse, or anyone who shows up daily to keep us all safe and healthy. Here’s how you can bless them:

- 1 Stock up on gift cards for quick meals— Subway, Chick-fil-A, Tokyo Joe’s, or your favorite local spot.
- 2 Keep them on hand so you’re ready whenever an opportunity arises.
- 3 Add a simple thank you note: a few heartfelt words can mean the world after a long shift.
- 4 Surprise someone on duty—drop by the station or hospital break room and drop off your gift.

**VERY IMPORTANT: FOR OBVIOUS REASONS, PLEASE NEVER APPROACH A PUBLIC SAFETY WORKER WHILE THEY ARE IN THE MIDDLE OF A SERVICE CALL (TRAFFIC STOP, ACTIVE FIRE, MEDICAL EMERGENCY).**

## WEEK TWO SUMMARY

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**“Through all the highs and lows of leadership, in times of great certainty and crippling uncertainty, those who have led in rebuilding broken-down walls and bringing God’s message of light and life into dark places have not been men and women of great status, experience, or natural talent, but those whose souls have never ceased to say ‘Yes’ to Jesus’ invitation, ‘Follow Me.’”**

*- J. Oswald Sanders*

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This week, we embraced Bob Goff’s reminder that our true identity isn’t defined by what we believe or the good we plan to do someday, but by Christ’s love for us and how we love others. Instead of drifting through our routines, we chose to live on purpose for a purpose—pausing to offer a cup of coffee, writing thank-you notes, running simple errands, and inviting someone new into our circle. By saying “yes” to Jesus’ invitation, “Follow Me,” we discover that love isn’t something we fall into; it’s something we become.

Across our community, these small, intentional actions began to weave a tapestry of kindness: weary neighbors felt seen, hesitant hearts found courage, and one act of generosity inspired another. We learned that when we trust the Holy Spirit to guide our ordinary moments—waiting in line, walking the dog, or chatting with a coworker—those moments can become powerful opportunities to reflect Jesus’ heart.

When we live on purpose, for a purpose, we can change the world.

REFLECTION

*How did you see God show up in your life and in the lives of those you served through your obedience this week?*

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*Is there something you did for someone else this week that you can incorporate into your faith and life on a daily/weekly basis? What is it?*

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### **WEEK THREE:**

**Go Change The World**

**“For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast. For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.”**

*Ephesians 2:8-10 NIV*

**Changing the world starts with one person. One act of love. One moment of kindness. It starts by changing someone’s day, speaking life into someone’s story, and showing up when it matters most. When you choose to make a difference in one life, you’re already changing the world—one moment at a time.**

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*“The Gospel is not about making bad people good, but bringing dead people to life. And once we’re alive in Christ, we live to reflect that life in everything we do.” - Rick Warren*

*From the very start of the Love Your Neighbor Challenge, our goal wasn’t to add more to your to-do list—it was to encourage and inspire you to live a life forever transformed by the Spirit of Christ at work within you. A life so filled with His love that others can see it, feel it, and be drawn closer to Jesus because of it. As we learn to better understand God’s heart, His character, and His will for us, we begin living on purpose, for a purpose. And when we do, we create space for God to move—not just in our own hearts, but in the lives of those around us, simply because Christ first loved us.*

*We are called to be living proof of God’s love—evidence that grace lives and breathes in ordinary people. You are the hands and feet of Jesus, right where you are. There’s someone in your world right now who may never read the Bible or step into a church unless they first experience the person of Jesus through you.*

*When people feel seen, known, and loved by you—especially when it doesn’t make sense—they begin to believe that maybe there really is a God who sees, knows, and loves them too. That’s how communities are changed and lives are transformed. That’s how the gospel reaches the ends of the earth. That’s how we change the world.*

*So, go. Be the change.*

## READ

**“God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.”**

*1 Peter 4:10 NLT*

God may call you out of your comfort zone to serve others, but He'll never ask you to be someone you're not. He created you with intention—your talents, passions, strengths, and gifts are all part of His design. When you embrace who He made you to be and use those gifts to serve others, everyday moments become meaningful. Serving from your gifts brings joy and purpose to your life, and even more importantly, it reveals the heart of Jesus to the people around you.

## ACT // STEWARD YOUR GIFTS

Today, look for a simple way to use your God-given gifts to make a difference in someone's life. Are you someone who loves to teach, coach, or encourage? Find someone you can mentor or speak life into today. Handy or good at fixing things? Use your skills to help someone with a practical need. Really talented at something? Find a beginner and take time to show them the ropes.

Whatever your strengths are, use them to build others up. When you do, you're not just using your gifts—you're honoring God and reflecting His love.

## READ

**“He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us. For the more we suffer for Christ, the more God will shower us with his comfort through Christ.”**

*2 Corinthians 1:4-5 NLT*

**“If you ask me if I need something, I’m going to tell you, ‘no, I’m fine. No big deal,’ because I didn’t want to burden anyone. But I had a lot of people just show up regardless and bring groceries, or bring coffee, or just come over and ask to go for a walk. And it’s the people who just showed up that really understood. I just wouldn’t ask for help, so the people who would just do it helped immensely. It felt good. I didn’t have to ask, they were just there.”**

*- Jordan Roskelley (after losing her brother, Jess, in an avalanche during an alpine climbing trip)*

## ACT // I’LL COME RUNNING

Think of someone in your life who might be going through a tough time. Instead of saying, “Let me know if you need anything,” take the initiative and show up in a meaningful, tangible way. Bring them a meal, drop off coffee, offer to run an errand, or simply be present. Most people won’t ask for help, but that doesn’t mean they don’t need it. Sometimes the greatest gift we can give is showing up without being asked. Today, just show up.



## READ

**“But to you who are listening I say: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.”**

*1 Peter 4:10 NLT*

In a world where kindness can often feel rare, we are called to mirror the unending compassion and forgiveness that Christ has shown us. By offering grace to others, even when it's not deserved, we reflect the deep love and mercy God has freely given to us. This is the essence of loving not just those who love us, but even those who may not treat us kindly, just as Jesus did for us.

## ACT // OLIVE BRANCH

Today, challenge yourself to extend kindness to someone who might not deserve it. Remember, none of us earned the gift Christ gave us, yet He gave it freely. We're called to do the same for others. Whether it's sending a kind text, offering a sincere compliment, buying them a coffee, or offering help, find a way to bless someone you may have had a difficulty with. Your kindness could be the unexpected gift that mends a relationship, heals a wound, or strengthens their faith.

## READ

**“But don’t just listen to God’s word. You must do what it says. Otherwise, you are only fooling yourselves.”**

*James 1:22 NLT*

Have you ever felt a nudge deep in your soul to help someone, but hesitated? Maybe it was fear, doubt, or just uncertainty about whether it was really God prompting you. These moments are part of our faith journey. As we grow and learn to live on purpose, we become more aware of how the Spirit leads us.

Even when we miss an opportunity, God uses it to teach us, shaping us into people who are more willing, more responsive, and more like Jesus each day. So the next time you feel that prompting, reach out, speak up, or step in. Say “yes,” and trust that your obedience creates space for God to move in powerful ways.

## ACT // TAKE A HINT

Think about the last time you might have missed an opportunity to be there for someone. If it’s not too late, go back and do the thing that God put on your heart. If you can’t remember, pray that God gives you an opportunity to love someone today, and for the faith to say “Yes!” when He does—then go do it!

## READ

**“Moses’ arms soon became so tired he could no longer hold them up. So Aaron and Hur found a stone for him to sit on. Then they stood on each side of Moses, holding up his hands. So his hands held steady until sunset.”**

*Exodus 17:12 NLT*

Extraordinary opportunities to help someone seldom come, but small opportunities surround us every day. Extending a helping hand may sometimes feel small and insignificant, but to the person on the other end, it might be the very thing that keeps them from falling apart. It might be what helps them feel seen, supported, and reminded that they’re not alone. Don’t underestimate the power of a helping hand. You never know if your small act of service could be the turning point in someone’s story.

## ACT // BLESSED WITH A BREAK

Think of someone in your life who’s barely hanging on—maybe a single parent, a new mom, a coworker who’s overwhelmed, or a classmate who’s carrying more than they let on. Sometimes, the most powerful way we can show up is by giving someone a much-needed break. Here are some ideas:

- 1 Offer to watch their kids for a few hours.
- 2 Drop off dinner or take them out for a meal.
- 3 Gift them movie tickets or a coffee shop gift card.

Whatever it is, step in and hold up their arms for a moment. It might seem small to you, but it could be the exact relief they’ve been praying for. Be creative, be thoughtful, and above all—just show up.

## READ

**“Though one may be overpowered, two can defend themselves.  
A cord of three strands is not quickly broken.”**

*Ecclesiastes 4:12 NIV*

**“A single act of kindness throws out roots in all directions, and  
the roots spring up and make new trees.”**

*- Amelia Earhart*

## ACT // TOGETHER IS BETTER

In the midst of a dark world, there are still good people who show up every day to do what is right. Today, when you see someone doing what is right, kind, selfless, and just, let them know that you see them and appreciate them for being a light in the dark. Come alongside them and help them finish doing what they were doing, and just watch the Lord show up and strengthen you both.

## READ

**“For God is working in you, giving you the desire and the power to do what pleases him.”**

*Philippians 2:13 NLT*

You did it! Day 21! Our prayer at the beginning of this challenge was that being the hands and feet of Jesus once a day would stir up your spirit to live a life marked by service, generosity, community, and love towards those around you as your faith comes alive during ordinary, everyday moments in your life. While today marks the last official day of this challenge, our prayer is that God continues to move in and through you as you live out your faith.

## ACT // TOGETHER IS BETTER

Today, choose your own adventure! Do any act of service you feel led to engage in. Pray for an opportunity to bless, serve, or love someone, and then go do it! Remember, no expression of love is too small to change someone's life forever.

## WEEK THREE SUMMARY

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**“But friends, that’s exactly who we are: children of God. And that’s only the beginning. Who knows how we’ll end up! What we know is that when Christ is openly revealed, we’ll see him—and in seeing him, become like him.”**

*- Elizabeth Kubler Ross*

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The true saving work of Jesus is a changed heart that leads to a changed life. It’s not about trying harder or knowing more—it’s about becoming more like Him. The more we walk with Him, the more clearly we see Him and the more we become like Him.

That’s what this 21-day journey has been about—not just checking boxes or doing good things, but learning to see the ordinary moments as meaningful opportunities to reflect the heart of Jesus. Loving your neighbor isn’t a one-time act—it’s a way of life. Jesus said: “Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these” (Mark 12:30-31, NIV).

Our hope is that these 21 days have opened your eyes to what’s possible. That you’ve seen how small acts of love can spark big change, and that you believe that God can use you, right where you are, to bring light into someone’s life.

So keep going. Keep showing up, reaching out, and saying yes as the Holy Spirit leads you. Let this be the start of a new way of living—on purpose, with purpose—so our communities begin to look more like the Kingdom of God. Continue walking through this world with open eyes, open hands, and a heart shaped by Jesus.

Let’s go love our neighbors—and never stop.

REFLECTION

*How has my life—and my faith—grown or changed since the beginning of this challenge?*

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*How did this challenge shape the way I see God, myself, and others?*

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*How can I carry the heart of that moment into my everyday life moving forward?*

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## ENCOURAGEMENT CARDS

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**“So is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.”**

*- Isaiah 55:11 NIV*

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God's promises are never wasted. Every time His Word goes forth—whether spoken in a sermon, read in Scripture, or shared in a simple note—it carries the power to change hearts and lives in ways we may never fully see.

That's why these encouragement cards matter. They may feel small or even a bit silly, but the words they carry could be exactly what someone needs today—a reminder of hope, a spark of joy, a lifeline of love. On the front, you'll find a verse or word of encouragement; on the back, a friendly invitation to join us at church.

Use them everywhere you go:

- Tear one off and hand it to a friend who's feeling down.
- Slip one into a lunch or care package you deliver.
- Tape one to a bridge railing or park bench for a stranger to discover.
- Include one with today's challenge, and see how God's Word works through your obedience.
- You can even make your own!

No act of sharing is too small. When you pass these cards along, you're partnering with God's unfailing promise—sending His life-changing words into the world. So, tear, share, and watch His hope ripple out in miraculous ways.



**Your future self is so  
proud of you for not  
giving up.**

**You are enough.**

**You are not alone.**

**You are not your past.  
Your circumstance(s)  
don't define you. And  
Jesus loves you more  
than you could  
possibly imagine.**

# **May this card serve as a reminder that Jesus sees you, & He loves you!**

At Red Rocks Church we are a bunch of imperfect people  
pursing a perfect God. In this place you are loved and  
welcome just as you are!

Join us for service!

## **Service Times:**

Sat | 5pm  
Sun | 8am, 10am, 12pm

## **Locations:**

Littleton | 9136 W Bowles Ave.  
Lakewood | 5810 W Alameda Ave.  
Arvada | 7100 Wadsworth Blvd.  
Park Meadows | 9995 Park Meadows Dr.

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