

# FREQUENCY

## K3 MONTHLY OVERVIEW

SEPTEMBER 2026

In September, school and schedules take off like a bullet train. That's why it's so vital for all of us to learn how to pause, take a deep breath, and tune our hearts to Hear from God. Our faith is living and active. We serve a God who wants to speak to us and who designed us to hear from Him every day! For many of us, though, hearing from God feels complicated. Where do I start? How do I know if it's God or my own thoughts? God loves when we ask those questions—and we're excited to help kids ask those questions, too, as we explore FREQUENCY - Learning to hear from God. Our world is so full of noise and anxiety that learning to hear God's voice is vital. It's a rescue. When kids learn to stay close to Jesus and hear directly from God that they are loved and valuable, they can walk through a chaotic world with a growing peace and confidence.

September  
5th&6th

### BIBLE STORY

How to Hear from God  
John 10:1-4, 14-16,  
Psalm 1:1-3, Romans 1:19-20

### BOTTOM LINE

I can hear from God.

September  
12th&13th

### BIBLE STORY

How to Read the Bible  
Matthew 6:11; 2 Timothy 3:16-17

### BOTTOM LINE

I can learn to know God  
through the Bible.

September  
19th&20th

### BIBLE STORY

The Vine and the Branches  
John 15:1-11

### BOTTOM LINE

I can grow when I stay close to  
God.

September  
26th&27th

### BIBLE STORY

The Lord Calls Out to Samuel  
1 Samuel 3

### BOTTOM LINE

I can ask God to speak to me.

MEMORY VERSE

"My sheep listen to my voice. I know them, and they follow me."  
John 10:27 NIrV